

Fall 2023 PROGRAMS

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.

| | |
|---|--|
| Open Monday/Tuesday 8:30am-12:00pm Wednesday-Sunday 8:30am-3:30pm | CHRISTOPHER P. DUNNE VISITOR CENTER 177 Forest Street, Saugus Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals! Open rain or shine! |
| Sundays Sept. 3, 10, 17 Oct. 8 | EASY LIKE A SUNDAY MORNING HIKE 10:00am-12:00pm Visitor Center, 177 Forest Street, Saugus Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2-3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. <i>Meet at the Visitor Center. Heavy rain cancels.</i> |
| Wednesdays Sept. 13, 20 Oct. 4 and 11 | STEP INTO THE PAST, 10:00am-12:00pm Visitor Center, 177 Forest Street, Saugus Join our park interpreter on a guided hike to discover the site's history. Topics and routes vary throughout the season. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Meet outside the Visitor Center. Rain cancels. |
| Thursdays Sept. 14, 21 Oct. 5 and 12 | BREAKHEART BIRDING CLUB, 10:00-11:00 am Visitor Center, 177 Forest Street, Saugus Help our park interpreter identify and count the many different birds that visit Breakheart! Take part in this world-wide project to document the distribution, abundance, and movements of thousands of species of birds. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children. <i>Meet outside the Visitor center. Rain cancels.</i> |
| Fridays Sept. 1, 8, 15 and 22 Oct. 6 and 13 | KIDLEIDOSCOPE 10:30-11:30 am Visitor Center, 177 Forest Street, Saugus Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for families with children 3-5 years old. <i>Meet at the Visitor Center.</i> |

PROGRAMS CONTINUE ON NEXT PAGE



Fall 2023 PROGRAMS

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.

PROGRAMS CONTINUED FROM FIRST PAGE

| | |
|--|--|
| Saturdays Sept. 2, 16, 23 | FAMILY FISHING, 9:00-10:30am Camp Nihan, 131 Walnut Street, Saugus Join our park interpreter for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program. Appropriate for families with children 5 years old and up. <i>Meet at Camp Nihan, follow signs once you are there. Rain cancels.</i> |
| Oct. 7 | |

SPECIAL EVENTS

| | |
|--|---|
| Saturday September 30 | BREAKHEART FALL FEST, 10:00am-2:00pm Visitor Center, 177 Forest Street, Saugus Come celebrate with us at this one of a kind fall festival at Breakheart Reservation! This FREE event will include lawn games, a petting zoo, storytellers, music, and family-oriented activities. Enjoy live snakes with the Cape Ann Vernal Pond Team. |
| Thursday September 28 7:00-9:00pm | FULL MOON HIKE Visitor Center, 177 Forest Street, Saugus Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be camp fire fun and activities. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately! Registration is required, please email jessica.narog-hutton@mass.gov for more information. <i>Meet outside the Visitor Center. Rain cancels.</i> |

coming events